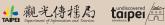
**UNDISCOVERED** 

**BEITOU** 

# TAIPE

**English** 











# Beitou

Beitou is a well-known hot-spring area in Taipei. During the Japanese era, the soak-loving Japanese discovered Beitou's hot-spring resources, opening hot-spring inns and even a dedicated railway line and station. Beitou is not only a place of natural gems, mineral springs, and green mountainsides, but also a place of deep cultural roots cultivated for more than a century. The diversified Beitou experience – hot-spring culture, natural ecology, heritage sites, local cuisine – bring in-depth explorers rich rewards.

# 01

#### Hot-spring Bathing Fun

Beitou has three types of sulfur hot springs – green, white, and iron. After exiting MRT Xinbeitou Station, you will walk uphill passing many bathing facilities, from elegant hot-spring inns and hotels to inexpensive public baths. To ensure a high-quality bathing experience, the Taipei City Government issues the Hot Spring Certification Mark, guaranteeing that an enterprise's water quality, hygiene, and safety is up to a certain standard.

Hot Spring Certification Mark









# 02

#### Hot Spring Festival in Taipei

This busy Beitou celebration launches around October each year, when autumn's cool arrives. Highlights include traditional Taiwanese opera shows by the Ming Hwa Yuan troupe, creative markets, open-air cinema, street parades, yukata-wearing experiences, and a show with children bearing a palanquin. There are also guided Beitou tours and special bathing/accommodation offers.

- ♦ Near MRT Xinbeitou Station, Xinbeitou Station, and Qixing Park
- www.taipeisprings.org.tw (Taipei Hot Springs Association)

# 03

#### Beitou Winehouse Cuisine

During Beitou's heyday many hot-spring inns and hotels were built, creating a dining hotspot for the political and business elite. This banquet-style dining gradually developed into a blend of quintessential Japanese and Chinese elements, becoming Beitou's unique "winehouse cuisine" known for fastidious attention to ingredients, emphasis on presentation, and sumptuous dish variation.

# 04

### Taiwan Tourist Shuttle – Beitou Zhuzihu Route

This route launches from MRT Beitou Station and passes Beitou Hot Spring Museum, Plum Garden, Beitou Park, Sulfur Valley, and other tourist spots. It also connects Beitou with the Yangmingshan area home to Grass Mountain Chateau, Yangming Shuwu, and Zhuzihu. A ride presents you with precious geothermal landscapes, hot springs, cultural spots, and natural ecology. Scan the QR code on your seat and listen to audio information about places of interest along the way.

www.taiwantrip.com.tw

# 05

#### Painted Hot Spring MRT Train

The MRT Xinbeitou Line is the most convenient public-transport mode for visiting the Beitou hotspring area. Enjoy the large hot-spring-theme installation artworks at the MRT Beitou Station platform and a "Beitou hot-spring painted train" that runs between Beitou and Xinbeitou stations. Carriages have interactive installations and figures of Bravo, the Taipei mascot bear, have recently been added, creating new tourist photo opportunities and a check-in highlight.







## **Beitou Hot Spring Museum**

Constructed in 1913, the building was originally called Beitou Public Bathhouse, and it was modeled after Izusan Onsen resort in Japan's Shizuoka Prefecture. It is an eclectic two-story Japanese/Western hybrid, which was the largest hot-spring bathhouse at the time in East Asia.

The most important interior space of the building is the large bath on the first floor. Surrounded by arches and columns it has a Romanesque appearance. Stained-glass windows on two sides create a bright, warm ambience. To enable accommodation of more bathers, this unique bath was built quite deep, and bathers had to stand. The large tatami room on the second floor is laid out in traditional Japanese style, and it was used for resting and dining. Nowadays, visitors enjoy the room's relaxing views of the lovely surrounding greenery.

The museum introduces the history and development of Beitou and its hot springs, presenting various relevant artifacts, including specimens of precious hokutolite (Beitou stone). Interior spaces and the expansive outside lawn are also used for special exhibitions and activities.

 2, Zhongshan Rd., Taipei City
 (02) 2893-9981 (closed on Monday and national holidays)



■n Audio Guide



#### Long Nice Hot Spring

This hot-spring bathhouse was built during the Japanese era (around 1907), originally to provide therapeutic purposes for Japanese soldiers. Upon Retrocession in 1945, the female bath was constructed using Qilian stone which is now illegal to extract. Both male and female springs were intended for indoor naked bathing, with the bathrooms and facilities making use of a nostalgic and simple style. A stone monument, "His Imperial Highness Crown Prince of Japan Crossed River Memorial Tablet" is situated in the center of the courtyard to commemorate the royal visit of the Crown Prince (later Emperor Hirohito).

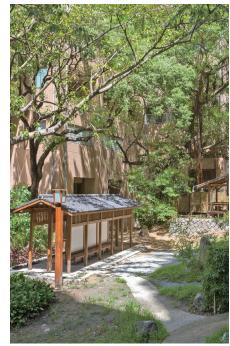
♀ 244, Guangming Rd., Taipei Cityᢏ (02) 2891-2236 (closed on Wednesday)

#### Ten Gu An Historical Park

Taiwan's first private hot-spring inn was the Ten Gu An, opened in 1896 by Hirata Gengo after he had come to Beitou for treatment and found the mineral waters effective. The inn laid the development foundation for Beitou's hot-spring industry. The site has now been made into a historical park with strong Japanese-garden styling, bearing witness to the local hot-spring industry's glory days.

10, Ln. 73, Wenquan Rd., Taipei City(02) 2883-2130







Beitou Park/The Beitou Hot Spring Bathing Pool

Completed at the same time as the Beitou Public Bathhouse in 1913, during the Japanese era, this was classed as one of Taipei's four main public parks and planned as a rest area for hot-spring tourists. Lush vegetation adorns the park to the present day. Designed to encompass both banks of Beitou Creek, the park fully showcases Beitou's mist-shrouded scenery. The outdoorspring area by the river has four hot-spring and two cold-spring pools, and for just NT\$40 (weekdays) you can enjoy an outdoor hot-spring bath.



Beitou Park

♥ Near 2, Zhongshan

Rd., Taipei City



**◄**® Audio Guide

The Beitou Hot Spring Bathing Pool 

♦ 6, Zhongshan Rd., Taipei City (beside Plum Garden)

♦ (02) 2896-6939



**◄**(1) Audio Guide



# Sulfur Valley

Sulfur Valley is a valley created by a volcanic eruption located at the southern end of the Datun Mountain Range. The one-kilometer-long valley extends from east to west and is 80 to 200 meters wide. This is the source of the hot-spring water used by most of the hot-spring hotels in Xinbeitou. Visitors can view the pyroclastic rock and sedimentary rock landscape.

 Near 200, Quanyuan Rd., Taipei City (close to Tun Hsu Vocational High School)

## **Hot-Spring Foot-Soaking Pools**

There are three free foot-soaking pools in Beitou. Those in Quanyuan Park and Fuxing Park are "green sulfur" pools, known for the delicate, jade-green color of their water, and said to be effective in treating chronic skin diseases, relieving aches in the muscles, and promoting metabolism. The foot-soaking pool in Sulfur Valley is also known as the "milky spring" for its white color, and is said to be helpful for easing arthritis, nerve pain, and itching.



• Quanyuan Park Foot-Soaking Pool



Fuxing Park Foot-Soaking Pool



Sulfur Valley Foot-Soaking Pool

○ 08:00~18:00 (closed on Monday)

Fuxing Park Foot-Soaking Pool

Opposite 61, Zhonghe St., Taipei City

Quanyuan Park Foot-Soaking Pool 155, Zhuhai Rd., Taipei City (opposite Yi-Fang Elementary School)

Sulfur Valley Foot-Soaking Pool

 Diagonally opposite 77, Quanyuan Rd., Taipei City (inside Sulfur Valley of Yangmingshan National Park)

# Thermal Valley

This is one of Beitou's hot-spring water sources, producing the special green-sulfur mineral water. Because of the green hue of the transparent waters, the name "Jade Spring Valley" is also used. Mists roil around this mountainvalley depression year-round, creating a magical fairyland setting that was dubbed one of Taiwan's "8 Attractions and 12 Scenic Spots" during the Japanese era.

• Near end of Zhongshan Rd., Taipei City, on left side of valley (closed on Monday)







#### Beitou Museum

Built in 1921, this is the largest 2-story Japanesestyle heritage building constructed entirely of wood in Taiwan. It originally was the Kazan Hot Spring Hotel, Beitou's most elegant, and later in the Japanese era it became an officers' club. Furthermore, it is rumored that this was a secluded getaway for WWII kamikaze pilots, which makes it legendary.

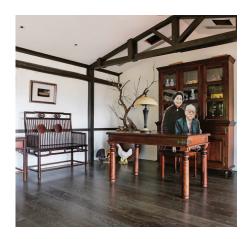
The Beitou Museum was designated a municipal heritage site in 1998. Viewing the well-preserved architectural layout, including the original banquet hall, courtyard garden, and decorative pond, it's easy to imagine its glory years as a premium hotel. Today's museum interior space, which is around 990m² in size, houses thousands of Taiwanese folk art and indigenous relics. The museum also provides cultural-arts performances and exhibition space for rent; Japanese tea ceremony and wagashi experience sessions are held; and there is a dining space where creative kaiseki cuisine can be enjoyed.

♥ 32, Youya Rd., Taipei City ♥ (02) 2891-2318 ext. 9 (closed on Monday)









#### Marshal Zen Garden

This was originally the home of Xingao Hotel during the Japanese era. During WWII, it was used as a guesthouse for kamikaze pilots. In 1960, it became the home of the "Young Marshal" Zhang Xueliang, who was under house arrest. The buildings retain the Japanese-style black tile and brick construction, the living quarters remain fully preserved, and on-site is Taiwan's only memorial pavilion dedicated to Marshal Zhang. This is a place of nostalgia as well as for fine dining and hot-spring soaking. Enjoy the "Young Marshal Course" set meal, featuring premium seafood and local ingredients.

♥ 34, Youya Rd., Taipei City **(**02) 2893-5336

#### Plum Garden

Built in the late 1930s, this was once the summer retreat of Mr. Yu You-ren, the "cursive calligraphy master." The building has retained its Japanese wooden architecture and elegant foliage-shaded courtyard. The Chinese characters for "Plum Garden" beside the front gate are Yu You-ren's own calligraphy. Inside is a permanent exhibition about historic architecture.

- 6, Zhongshan Rd., Taipei City
- (02) 2897-2647 (closed on Monday and national holidays)







#### Xinbeitou Station

Opened for operation in 1916, wood is the main construction material here. The structure's most prominent features are the carved windows and the dormer windows. In 1988, operations on the Tamsui branch railway line were ceased to make way for the new metro line. Xinbeitou Station, the terminus station, was deconstructed and rebuilt in Changhua County's Taiwan Folk Village. Years later, thanks to the efforts of the Taipei City Government and private citizens, the station building was returned in 2017, and platforms, tracks, and other facilities were added in 2019. Inside you can learn about the reconstruction methods, view old photos, enjoy the occasional cultural-arts exhibits, and check out local-specialty souvenirs.



- 1, Qixing St., Taipei City (adjacent to MRT Xinbeitou Station)
- (02) 2891-5558 (closed on Monday)



Taipei Public Library Beitou Branch (Beitou Library)

- 251, Guangming Rd., Taipei City
- (02) 2897-7682 (closed on first Thursday of each month and national holidays)

This is Taiwan's first eco-friendly library, constructed from wood and steel alone that can be recycled if necessary. The library incorporates design features including a green roof, solar power, and rainwater recycling, saving energy to the greatest extent possible. It features a warm wooden structure, large windows, and an environmentally-friendly outdoor reading area. The multi-function library is both architecturally hi-tech and environmentally friendly.



📢) Audio Guides





#### Former Japanese Garrison Hospital Beitou Branch

This is a municipal heritage site built in the Japanese era. It was originally a military sanatorium. Today it is part of the Tri-Service General Hospital Beitou Branch. The building has an eye-catching blue/green façade. During an extensive renovation the original structure and strong Japanese-style look was restored. In a quiet environment surrounded by towering heritage trees, this was a shoot site for the popular Taiwanese TV-drama series *A Touch of Green*. Visitors much enjoy the milky white-sulfur waters of the four courtyard footbaths, great for fatigue relief.

- 60, Xinmin Rd., Taipei City (open only during guided tours from 1pm to 4pm; reservation required)
- (02) 2985-9808 ext. 603102

# **Heart Village**

This complex was once a military dependents' village for Tri-Service General Hospital doctors and their families. Because it was built in different periods, the architecture varies. There are Japanese-style dormitory houses, houses of wood and asbestic tiling, and brick houses in south Fujian style. The village also has Taiwan's only public hot-spring bath facility in a military dependents' village. Possessing priceless historical value, this is Taipei's sole such village still fully intact. Used for shoots in A Touch of Green and The Teenage Psychic, the site is now managed as a tourist attraction, with periodic exhibits and other activities.



37, Ln. 46, Xinmin Rd., Taipei City (closed on Monday)
 (02) 2891-0804

#### Ketagalan Culture Center

This is Taiwan's first multifunctional cultural center with indigenous peoples as theme, specifically commemorating Beitou's original residents, the Ketagalan people. On the second floor there is a permanent exhibit introducing Taiwan's tribes, on the third floor is a special exhibit space, and on the sixth floor visitors find books and videos on indigenous topics. This is a great place to get to know Taiwan's indigenous peoples.

 3-1, Zhongshan Rd., Taipei City
 (02) 2898-6500 (closed on Monday and national holidays)



■ F-A-ST-PA ■ (a) Audio Guide

#### **Yinguang Lane**

The "yin" in the name "Yinguang Lane," refers to the bank-employee dormitories once found here, while the "guang" is the same Chinese character as that used in the well-known Shanguang Temple, located at the end of the lane. Local residents and visitors in the know see this alley as an off-the-beaten-track scenic spot. Volcanic rock formations and jade-green forest stand beside a murmuring creek, and many tropical, temperate and cold-zone plants can be found here.

♥ Yinguang Ln., Wenquan Rd., Taipei City

# Puji Temple

Constructed in 1905, this temple was built with funds raised by the railway workers of the time. It is a Japanese Shingon Buddhist temple rarely seen within Taiwan, and for Beitou residents the Bodhisattva that sits within the temple is seen as the protector of the hot spring. The main hall made by Taiwan cypress, arching roof beams, and bell-shaped windows exude an Edo-era simplistic beauty, and to this day Japanese ceremonies are still hosted here.

• 112, Wenquan Rd., Taipei City

**(**02) 2891-4386













#### Chinese Cuisine Restaurant

The Grand View Resort Beitou's Taiwanese-cuisine restaurant serves traditional winehouse fare and classic Taiwanese dishes with tasty innovations. The *Crispy Live Tiger Prawn* is stir-fried with salted egg yolk, giving it crispiness, light saltiness, and a golden hue. For the *Deep-Fried Rice Cakes Coated in Marlin Floss*, traditional Taiwanese rice cakes are wrapped in tofu skin and deep-fried, then the marlin floss is added, creating delicacies of distinctive taste and texture.

○ 30, Youya Rd., Taipei City► (02) 2898-8888



## Penglai Restaurant

Penglai Restaurant was founded in 1954 during the heyday of Beitou's hot-spring area. Its most famous dish, crispy pork ribs, are made from premium pork belly and ribs, marinated with special ingredients, and fried until the outer skin turns to crispy. The aroma assails the nose and the meat is succulent and tender.

- 238, Zhonghe St., Taipei City
- (02) 2891-2778 (closed on Monday; subject to postponement if a holiday)



Qiyan One

This is a Sichuanese restaurant in The Gaia Hotel, renowned for two signature dishes. The Steamed Chub Head in Chopped Szechwan Chilli Oil features a spicy sauce made with bonnet pepper. The Chef Short Rib Specialty, ribs are wrapped in rice straw and braised in an aged soy-sauce mixture, bringing out the straw's fragrance and rendering the meat delectably tender.

♀ 1, Qiyan Rd., Taipei City► (02) 5551-8888

# Beitou's Popular Cuisine



Man Ke Wu Ramen

The stock at this restaurant is made using large pork soupbones. Choose from a light broth, sovsauce broth, or miso broth. The accompanying noodles are chewy, the hot-spring tofu and hotspring egg silky smooth. In autumn and winter, a steaming bowl after a hot-spring soak warms body and soul.

- 110, Wenguan Rd., Taipei City
- (02) 2893-7958 (closed on Monday)



Fangji Huibo Duck Meat Thick Soup

Crispy bamboo shoot tops this savory treat, creating a layered taste and texture. House Hakka-cuisine favorites include the flat rice noodles and taro wraps and the taro-paste thin rice noodles. Among the many lovely touches offered diners in the restaurant is the house-crafted sour plum juice.

- ♥ 355, Zhonghe St., Taipei City
- (02) 2894-6857 (closed on Tuesday)



Su Family Beef Noodles

This eatery's rich, fragrant stock comes with savory soy-braised beef meat. Recommended are the signature noodles, red-braised beef noodles. and tomato beef noodles. The beef is soft and tender and the noodles chewy, with different noodles options from thick through thin available. This spot is, for good reason, a foodie favorite.

- 2, Sec. 1, Yongxing Rd., Taipei City
- **(**02) 2893-7803



Ah-Hong Noodle Restaurant

With its décor of red brick, this place brims with retro Taiwan flavor. As your noodle dishes arrive, the smoked bonito's aroma thrills, and the vermicelli brim with large intestine chunks and oysters. A little garlic paste and chili paste add even more flavor. The braised pork on rice and tempura, both "everyman" snacks, are also popular.

- 242, Zhonghe St., Taipei City
- **(**02) 2891-5252



Aizicai Braised Pork On Rice

A simple bowl of braised pork on rice is created with a rich, mellow, aromatic soy sauce-based marinade, delectable pork, and appetizing pickled cabbage. Though a visually simple affair, this is a hearty, delicious-flavor adventure. The joy is multiplied with each savory side dish of soybraised egg, tofu, etc., finished with pork-rib soup.

- 30, Xinshi St., Taipei City (Stall 436, 2F, Beitou Market)
- **♦** 0932-386-789 (closed on Monday)



Ah-Po Noodles

The sign at this heritage stand in the Beitou Market, now run by the fourth generation, proudly proclaims "no MSG." The fresh-made noodles here, an old-time treat eaten since youth by many local seniors, come with a special house sauce and crispy, refreshing bean sprouts. The fat/thin fried braised-pork, exuding its red yeast aroma, is another must-try.

♀ 30, Xinshi St., Taipei City (Stall 502, Beitou Market)▶ 0989-411-881 (closed Monday-Wednesday)



Kao Chi Tea Shop

This highly popular Beitou cold drink shop has been in business almost 40 years. Try the fragrant, thirst-quenching "No Worry Tea," a green tea/oolong tea blend. Apart from the standard takeaway cups, you can also order the black teas, green teas, and other drinks in retro nostalgic plastic-bags to drink.

30, Xinshi St., Taipei City (Stall 13, Beitou Market)
 (02) 2896-3568



**Nutritious Fresh Oysters** 

The term "nutritious" is prominent on this 30-year-old shop's sign. A specialist in oyster-starring cuisine, it's renowned for the freshest, plumpest oysters. The signature treats are blanched oysters and oyster soup, with basil and ginger slices added to the delicious soup. An additional serving of vermicelli or rice noodles guarantees fullness and contentment.

30, Xinshi St., Taipei City (Stall 398, Beitou Market) (closed on Monday)

# Beitou's Popular Cuisine



Sheme House

Built in a renovated Japanese-era grain warehouse, this is today a place for choice coffees and homemade desserts. The sweet things are made with fruits all sourced from Taiwan's major producing areas, the tender loving care poured into their harvest by the cultivators tasted in every bite. The flavors on tap, defined by the seasons, are a must-experience treat.

No. 1 Warehouse, 153, Datong St., Taipei City
 (02) 2892-2800



Caiyuanyi Black Tea

Having sold black tea for more than 50 years, Caiyuanyi Black Tea is one of the oldest beverage stores near the Beitou market. The owner builds on his deep reservoir of experience to constantly adjust the ratios of his various types of tea leaf, developing black-tea drinks of old-time taste with pleasant light sweetness and no astringency.

- 9 15, Xinshi St., Taipei City
- (02) 2891-0602 (Non-scheduled closure)



**Provency Bakery** 

Using specially selected premium local products, this shop researches and crafts myriad cakes and pastries from different localities. The idea for the famous "Sulfur Bricks" (Tankan Cakes) is Beitou's rich production of sulfur bricks in bygone days. The cakes' paste filling is made with Yangmingshan tankan. Turmeric powder and bamboo charcoal powder are used in making the crispy, flaky exteriors.

♀43, Ln. 9, Daxing St., Taipei City▶ (02) 2897-2112 (closed on weekends)



A Chen's Shaved Ice

Established over 20 years, this store provides hand-made bean jelly, sweet-potato balls, taro balls, adzuki beans, and dozens of other ingredients with sweet and palate-pleasing tastes. In winter, hot grass jelly, adzuki bean soup, and peanut soup provide warmth to your stomach.

- 22-1, Xinshi St., Taipei City

## Travel Information





🤗 Metro Taipei

24-Hour Customer Service Hotline: (02) 218-12345 Website: english.metro.taipei

#### Metro Tickets













Single-Journey Ticket NT\$20 - NT\$65

One-Day Pass NT\$150

24hr Pass NT\$180

48hr Pass NT\$280

72hr Pass NT\$380



# EasyCard, iPASS

EasyCard and iPASS can be purchased at MRT station service desks and convenience stores. The cards can be used to pay transport fares and YouBike rental fees and can also be used as an e-wallet for small purchases at designated shops.







#### 🌉 TAIPEI FUN PASS

When traveling in Taipei City, New Taipei City, and Keelung City, visitors can choose one of the following cards according to their needs.





#### **Exploring**

Tickets to 20 tourist spots

Stored-value EasyCard function



#### Unlimited

Tickets to 16 tourist spots

Unlimited use of Taipei MRT, public buses, and 5 Taiwan Tourist Shuttle routes



#### **Transportation**

Unlimited use of Taipei MRT, public buses, and 5 Taiwan Tourist Shuttle routes; 1-, 2-, 3-, and 5-day cards and a 1-day Maokong Gondola card available



#### Taipei City Recommended Taxi Services

Taiwan Taxi 55688 (台灣大車隊) Tel: 55688

Women's Association Taxi (婦協衛星車隊) Tel: (02) 2766-2222

Da Ai Taxi (大愛衛星車隊), City Fan Ya Taxi (城市泛亞衛星車隊), City Taxi (城市衛星車隊)

Tel: (02) 4055-5899

Crown Taxi (皇冠大車隊), Taipei Star Taxi (台北衛星車隊) Tel: (02) 4128-333, Mobile: 5510

# Travel Information



Tel: 1999 (outside Taipei City, please dial 02-2720-8889) ext. 5855 or (02) 8978-5511

Website: taipei.youbike.com.tw





**Start and end points:** MRT Beitou Station — Zhuzihu

Website: www.taiwantrip.com.tw

#### Travel Information Services

Taipei Citizen Hotline: 1999 (Outside Taipei City, please dial 02-2720-8889)

Taipei Travel Net: www.travel.taipei/en, presents travel information on Taipei City in Chinese, English, Japanese,

Korean, Thai, Indonesian, Vietnamese, and Spanish; provides recorded-audio tour guide on related sightseeing spots, and a hotel information data base.

**TaiwanStay:** taiwanstay.net.tw (info on legally registered hotels and guesthouses)

24-hours toll-free travel information hotline / Taiwan Tourism Bureau: 0800-011-765, eng.taiwan.net.tw

Toll-free complaint hotline / Taiwan Tourism Bureau: 0800-211-734

Information for Foreigners in Taiwan: 0800-024-111





Travel Taipei Website

Travel Taipei App



#### Visitor Information Centers in the Area

#### MRT Xinbeitou Station Visitor Information Center

Add: 700, Daye Rd., Taipei City (near exit of MRT Xinbeitou Station)

Tel: (02) 2891-2972



#### Mobile Visitor Information Service

Every Saturday and Sunday, walking travel guides supply visitor information at Ximending, Shilin, Xinyi, Beimen, and Yongkang Street on designated routes. Services will be offered in English, Japanese and Korean, etc. For more information please check: www.travel.taipei/en

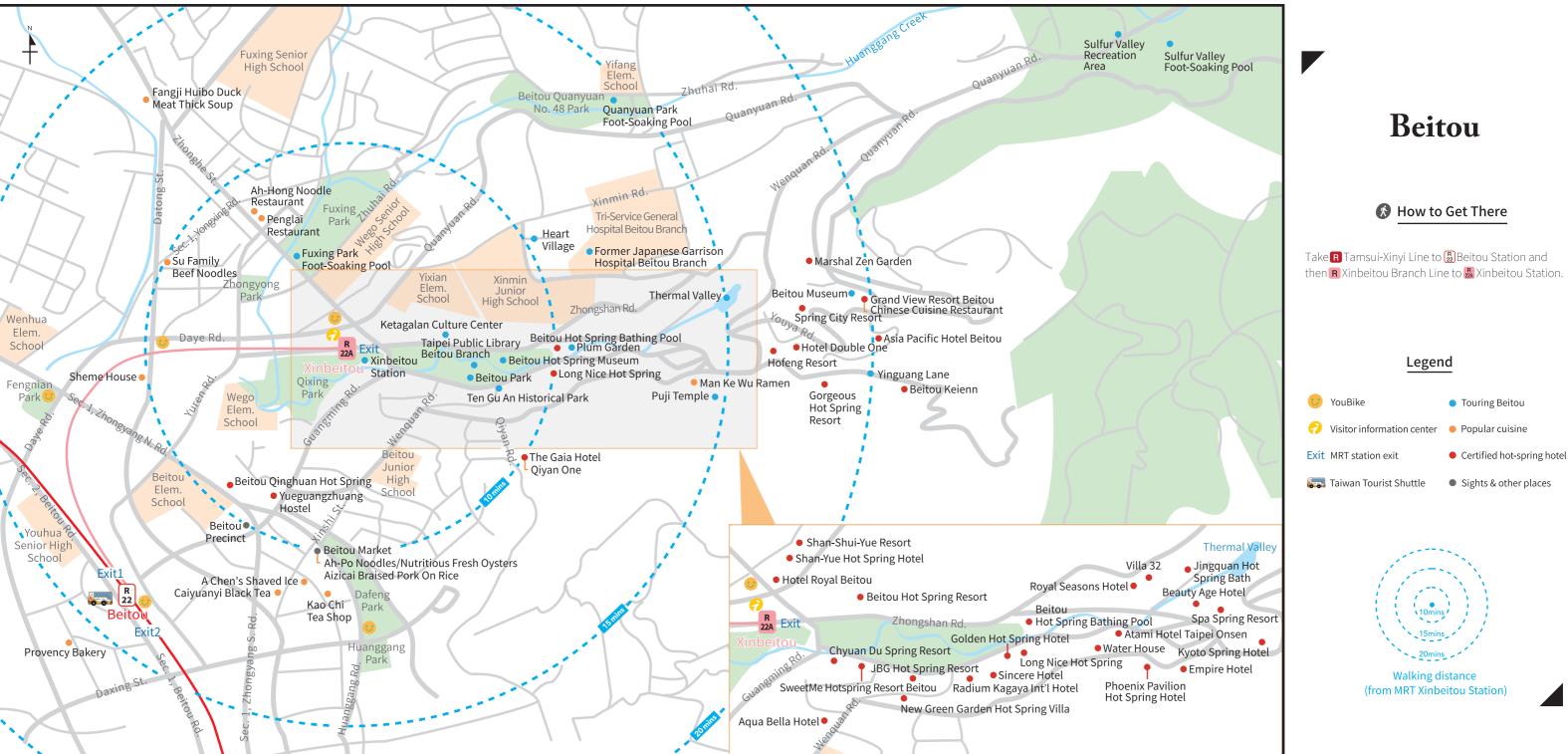
<sup>\*</sup>To the best of our knowledge, the information contained herein is correct as of date of publication; in case of changes, the information announced by individual businesses takes precedence.





# ■ Taipei MRT Map





then R Xinbeitou Branch Line to A Xinbeitou Station.

